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#### **ASHLEY AMMONS**

Ashley Ammons is a dedicated professional driven by her passion for public service and making a difference. With a 15-year track record in the field, Ashley has left a lasting impact through her work within the United Way network. In 2019, she took the helm as the President/CEO at United Way of the Concho Valley, leading with inspiring vision and fostering positive change. As a proud alumna of Texas Tech University, Ashley attained both a Bachelor of Arts in Political Science and a Master of Business Administration. While her professional responsibilities demand much of her time and dedication, Ashley always makes room for what truly matters to her — her cherished family, friends, and her sassy Great Dane, Piper. Valuing personal connections above all, she finds joy in spending quality time with her loved ones. Beyond her professional endeavors, Ashley is an avid advocate for social causes and community outreach. Her unwavering commitment to helping others is what fuels her drive, and she takes immense pride in being part of a collaborative collective that works towards positive change every day.



**Ashley Ammons** 

2023 20 under 40 honoree

Your commitment to this community has helped ensure that

#### H PE HAPPENS HERE

in the Concho Valley!



#### Congratulations, San Angelo 20 Under 40!





#### REBEKAH BELTRAN

Rebekah Beltran, originally from Marble Falls, Texas, relocated to San Angelo in 2004 to pursue her education at Angelo State University. Over a span of 17 years, Rebekah dedicated her career to The Children's Advocacy Center of Greater West Texas (CAC), advocating for abused and neglected children's best interests in the court of law. Her impactful contributions included recruiting over 200 volunteers, facilitating court-ordered teen and adult classes, and training thousands in child abuse recognition and reporting, including Abusive Head Trauma Training. Rebekah also played a pivotal role in organizing public events like Picnic in the Park and Pinwheels on the Courthouse Lawn for Child Abuse Prevention Month. She has been a prominent speaker at various events and conferences, including the National CASA Conference in Seattle, Washington. Rebekah, alongside her husband Jaime Beltran, fostered children for four years before adopting a sibling set of three, their two daughters, Madeline and Sophia, and their son Maddux, becoming their forever family. Her journey led her to her current role as the Director of Development for The WHIT Program, a unique initiative that provides free tutoring for children in foster care in Texas. Rebekah's mission is to ensure these children not only succeed in school but also gain the confidence to thrive in life. While the WHIT Program serves the entire state of Texas, its roots and origins remain deeply embedded in San Angelo. Foster care holds a special place in Rebekah's heart as she, herself, was once a foster youth blessed to be adopted by her forever family, with people who advocated for and loved her. This personal experience inspired her to give back to other kids in foster care by working in the field of foster care.







STUDIO ADDRESS: 2503 JOHNSON STREET

WEBSITE: MIXITUP.MEDIA PHONE: (817) 925-1288

EMAIL: GREG@MIXITUP.MEDIA





#### JACQUELINE DOWELL

Jacqueline (Jackie) Dowell is the Director of Adult Education and Literacy (AEL) at Howard College San Angelo. She hails from Lubbock, Texas, and her passion for education was ignited during her undergraduate years at Angelo State University, where she earned her Bachelor's with high university honors and summa cum laude in 2017. Committed to empowering students, Jackie pursued a Master's in Education with a focus on Student Development and Leadership at Angelo State, graduating in 2020. Jackie's journey led her to join Howard College as a full-time AEL Instructor in 2018, where she thrived with support and mentorship. Through Texas Workforce Commission trainings and state conferences, she honed her leadership skills. In 2021, she took on roles as the High School Equivalency Coordinator and Performance Accountability for the AEL grant, later becoming the Director of AEL. Jackie initiated impactful programs and partnerships, including support for English Language Learners in healthcare and Certified Maintenance Worker training for offenders, enabling access to living-wage careers. Beyond her professional life, Jackie enjoys quality time with her husband and pets, home improvement projects, outdoor activities, and puzzles. She also contributes to the San Angelo community by serving on the boards of The Boys and Girls Club and Family Self-Sufficiency.

### Congratulations Jackie,

Your dedication, innovation, and commitment to excellence sets you apart as a true leader in our community.





Proud to be San Angelo's Community College since 1973







## Congratulations

from Certified Public Accountants

On being selected as one of San Angelo's 20 Under 40 Honorees

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#### **NICK KAUTEN**

Nick Kauten is a Senior Vice President and the Chief Financial Officer for City National Bank. Originally from Sunray, Texas, Nick moved to San Angelo after his high school graduation to pursue a passion in track and field competition. He competed as a hurdler for Angelo State during his undergraduate, culminated by a first-place finish in the 400m hurdles at the 2004 LSC Track Meet and being named to the LSC All-Conference Team that same year. After hanging up his track spikes, Nick earned Bachelor's and Master's in Business Administration degrees from Angelo State University and continued his professional development by becoming a Certified Public Accountant. Nick credits each of these accomplishments to the inspiration and unwavering support from his wife, Meghan. Together, they are blessed with two children, Landon and Taylor, and enjoy spending time with family and traveling.



#### SETH MAYBERRY

Seth is Partner and Financial Advisor at Thieman Investments. He also serves as the Chief Technology Officer and Chief Marketing Officer. Seth was born in San Angelo and is a graduate of Central High School. He has a BBA in Management from The McCoy College of Business at Texas State University in San Marcos, TX. He currently serves on the board of directors for the Leadership San Angelo Alumni Association, Concho Valley Workforce Soultions, Meals for the Elderly and United Way of the Concho Valley. Seth is married to his wife Jennifer. Together they have a son, Hank, and a daughter, Laurel.



# On behalf of all of us here at Thieman Investments, we would like to congratulate Seth Mayberry and the rest of the 2023 20 Under 40 class on this prestigious award and outstanding achievement!



20 Under 40 2023



20 Under 40 2021

Investment Advisory Services are offered through MSH Capital Advisors LLC (MSHCA), an SEC registered investment adviser. Securities are offered though M.S. Howells & Co. (MSH) a registered broker/dealer member FINRA/SIPC. Thieman Investments is a dba when offering securities and/or advisory services. MSH & MSHCA are not affiliated with Thieman Investments and none of the named entities provide legal or tax advice.



It's an honor and privilege to get to care for the people in this community. I tend to meet my patients for the first time on one of the hardest days of their lives, and they have to trust me to care for them and carry them through their surgical procedure. I treat everyone as if they are one of my own family members because in a community this size, we all are related in one way or another. I grew up in a small West Texas town that looked out for each other and the same holds true here in San Angelo. The people in this community are why my family and I enjoy living in this area, and it's those same people that need to be cared for with integrity and respect. The staff at Shannon and all of my partners in Anesthesia make my job of taking care of this community enjoyable every day.

#### - Kristi Urias, MD

SHANNON MEDICAL CENTER Anesthesiologist

Congratulations Dr. Urias on being named to the 20 Under 40!

Thank you for changing lives with us.













clinics are more than buildings and equipment. They are the people that care for you every day. We are grateful for the 4,000 local Providers and Team Members who call Shannon home. They are dedicated to providing exceptional care to the patients we serve while also making a difference in our community.

We invite you to join our team as we work together to change the lives of our family, friends and neighbors.





#### J.R. ORLANDO

James "J.R." Orlando serves as the Chief of Public Affairs for the 17th Training Wing Public Affairs at Goodfellow Air Force Base, Texas. Goodfellow is a prominent hub for the Department of Defense Fire Academy and multiservice intelligence technical training. The wing plays a vital role in training over 14,000 firefighting and intelligence, surveillance, and reconnaissance personnel annually for various branches of the military and allied nations, managing substantial assets exceeding \$1.5 billion and an annual budget exceeding \$288 million. In his capacity as Public Affairs Chief, J.R. leads a dynamic team dedicated to the wing's communication processes, external media operations, internet presence, social media, and community engagements. He is responsible for shaping the 17th Training Wing's communications strategy, heading the public relations team, and managing employee communications. Throughout his tenure, J.R. has been instrumental in sharing the wing's training mission and garnering support for the Air Force and Space Force. J.R. also coordinates public affairs support for geographically-separated units and various partner organizations. With a background in marketing and a history of service in Germany, he has been at Goodfellow since 2017, overseeing high-profile media operations, community engagements, and the production of numerous multimedia products for the 17th Training Wing.



#### **JAQUIEN PALACIOS**

Jaquien Palacios, an accomplished web developer and proud ASU graduate, has consistently showcased his expertise in coding, innovative design, and website layout. Responsible for building websites from concept to completion, Jaquien crafts each page with precision, ensuring both functionality and aesthetic appeal. Beyond his technical prowess, he is a dedicated community member of San Angelo, where he has chosen to build and nurture his family. Actively involved in diverse projects at ASU, Jaquien extends his professional services nationwide, offering program implementation and web solutions. His commitment to both his profession and community has made him a standout figure among his peers.



#### **EMPOWERING**

SAN ANGELO'S YOUNG PROFRESSIONALS.



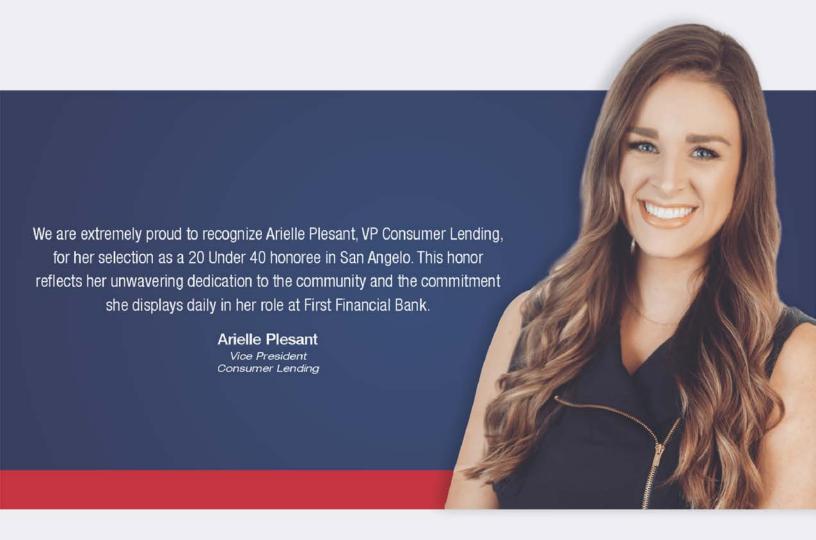
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#### **ARIELLE PLESANT**

Arielle Plesant was born and raised in El Paso, Texas and moved to San Angelo to attend Angelo State University under a volleyball scholarship with the Ram Belle's in 2012. She completed her Bachelor of Business Administration cum laude from ASU in 2015 and her Masters in Business Administration cum laude in 2016. She began her career in banking in 2017 with First Financial Bank and currently serves as the Vice President of Consumer Lending for the San Angelo region. Her passion for San Angelo has led her into a great deal of community involvement, Arielle is a graduate of Leadership San Angelo and has previously served as a Loaned Executive for the United Way. She currently serves on the board for the Ballet San Angelo, Ram Club, and is actively involved in The Junior League of San Angelo. Additionally she serves as the current president for The San Angelo Chamber of Commerce Young Professionals. She proudly calls our uniquely Texan city home along with her husband, Josh, and son Maurice.

# THE FUTURE IS BRIGHT AT FIRST FINANCIAL BANK



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**YOU FIRST** 

Congratulations, Arielle!



#### MICHAEL RICHTER

Michael Richter is a multifaceted entrepreneur making a substantial impact on San Angelo. He owns Phat Catz Gaming, a downtown tabletop game store that has hosted over 500 community events since its 2018 inception. As the owner, he leads a team of nine, focusing on improving operations and enhancing customer experiences. The store features the Smitten Kitten Cafe, offering tasty treats. In addition to his gaming venture, Michael is the owner of Richter Real Estate Holdings, LLC, specializing in commercial and multifamily investments. By the end of 2023, the firm is set to manage over 50 multifamily units and a retail shopping center. Michael's expertise lies in identifying property challenges, assembling effective teams, and enhancing property values. His military background includes service at the National Security Agency, Iraq during Operation Iraqi Freedom, and at Goodfellow Air Force Base, earning numerous accolades. Michael is driven by a desire to create a lasting legacy, reminiscent of his grandfather's pursuit of a better life in the US. Since returning to San Angelo in 2012, he's been dedicated to improving the community, investing in others, and embracing the city's potential as a place to serve, raise children, invest, and make a difference. Michael embodies the spirit of teamwork and giving back, grateful for every opportunity to contribute to San Angelo's prosperity.



#### DR. AMANDA RITCHIE ETHRIDGE

Dr. Amanda Ritchie Ethridge is the Associate Director of Campus Experience at Angelo State University, hailing from Big Lake, TX. She holds a Bachelor of Science in Public Relations & Event Management from Tarleton State University, with a double minor in Technical Writing and Marketing. Her passion for higher education blossomed during her time as a student, leading to a career in recruitment and student affairs. Dr. Ethridge played a pivotal role in establishing the Ram Round-Up summer transition camp at ASU, where she also managed Greek Life and homecoming activities. In 2017, her desire to spend more time with family and pursue a doctorate led her back to enrollment management. She achieved her EdD in Higher Education Leadership from Abilene Christian University in May 2023. Dr. Ethridge loves her work in admissions, where she enjoys engaging with prospective students, their families, and the RAMbassadors. She's a dedicated volunteer and active member of the Junior League of San Angelo. Dr. Ethridge has received multiple awards and accolades for her outstanding contributions to Angelo State University, including the prestigious Honorary Alumnus award. Her passion for serving others and her dedication to higher education shine brightly in her career and community involvement.



### Congratulations

ANGELO STATE UNIVERSITY

Dr. Amanda Ritchie-Ethridge

2023 TOP 20 UNDER 40 HONOREE

OFFICE OF ADMISSIONS







#### **SENORA SCOTT**

Senora's journey began in San Angelo when she joined Angelo State University, earning a Bachelor's Degree in Communication. Her television career took off at KLST/KSAN, where she honed various skills, from producing newscasts, reporting, and anchoring, to shooting and editing video. She also assumed the role of Rodeo Correspondent. With two and a half years of experience, Senora transitioned to another local news team, swiftly ascending from multi-skilled journalist to Senior Reporter and Assistant News Director during her nearly six-year tenure. She eventually returned to the KSAN/KLST team as a digital journalist, focusing on long-form storytelling. Concurrently, she pursued a Master's Degree in Communication from Angelo State University.

Senora thrives in the field, especially covering topics like agriculture, Western lifestyle, rodeo, crime, border issues, and military and law enforcement-related stories. Her love for reporting stems from the daily opportunity to learn something new and connect with people.

Throughout her career, Senora's accomplishments have been impressive: solo travel for stories across various states, numerous awards, the creation of original series and segments, interviews with celebrities, and meetings with prominent U.S. leaders. She is equally passionate about giving back, frequently sharing her insights on journalism and the media industry with students from elementary to collegiate levels. She has also served as a keynote speaker and panelist at multiple journalism and media seminars at universities, and as a breakout session speaker at the 2022 Human Trafficking Awareness Summit in San Angelo.



### LOCAL NEWS FIRST

THE CONCHO VALLEY'S #1 SOURCE FOR NEWS, WEATHER, AND SPORTS

CONGRATULATIONS, SENORA!

Concho Valley



#### JEFFREY SMITH

Jeffrey Smith serves as a hospice care consultant at Gentiva Hospice, while also being the owner and operator of Luminosity 360, LLC. In addition to these roles, he holds a position as a fitness instructor at Crunch Fitness and has fulfilled the role of Executive Walk Chair for the San Angelo Walk to End Alzheimer's for four years. His dedication to giving back to the community and improving healthcare accessibility in rural areas is a significant driving force behind his philanthropic endeavors. He is focused on expanding access to care for individuals with Alzheimer's and other dementias, as well as those who identify as LGBTQ+. To achieve this goal, he is currently pursuing a Doctorate degree in Health Care Administration with a specialization in Health Policy and Advocacy, and he is in the final year of his research for this degree.



#### SIDNEY TIMMER

Sidney Timmer, a Sweetwater High School graduate, earned dual degrees in Theatre and Communication at Angelo State University. Her time at ASU included a wide range of experiences, from mainstage acting to participation in the Arts Administration Program by the Kennedy Center American College Theater Festival. This provided her with valuable insights into theater management. Simultaneously, Sidney began a media career as a production assistant and reporter for Fox West Texas, expanding her network. In 2021, she joined the Concho Valley Community Action Agency (CVCAA) as an Outreach Specialist, addressing local necessities. Her outstanding contributions led to a promotion as the Outreach & Marketing Director, managing social media, website, and advocacy initiatives. In March 2022, she co-founded a homeless outreach team, leading to Navigation Day events providing essential services to the homeless. Sidney now co-leads this initiative. Furthermore, in May 2022, she was appointed as the second Artistic Director in the history of Be Theatre, emphasizing the power of theater for social impact. Sidney is also a graduate of Leadership San Angelo Class 40.



#### **MOLLY TURK**

Molly Turk is an experienced communications & marketing professional with 11 years of experience in various industries including the public and private sectors. Currently, Mrs. Turk serves as the Executive Director of Communications for San Angelo ISD, overseeing the communication strategy for the district. Prior to joining the team at San Angelo ISD, Mrs. Turk was the marketing manager for TimeClock Plus and Perry Homes. Mrs. Turk serves on several local committees, organizations and boards including the United Way of the Concho Valley, Junior League of San Angelo, JPW Learning Center, San Angelo A&M Club and Concho Educators Federal Credit Union. Mrs. Turk holds a Bachelor's degree from Texas A&M University and a Master's of Business Administration from Angelo State University. She is currently enrolled at Angelo State University seeking her Master's of Data Science and Analytics. She and her husband, TJ, have one son, Parker.



#### SANANGELO

Chamber of Commerce Young Professionals

#### PHILANTHROPY | NETWORKING | GROWTH

#### ABOUT US

In 2023, YPSA merged with the Chamber of Commerce to become the 'San Angelo Chamber Young Professionals.' Young Professionals is geared towards individuals under the age of 40 who are looking for professional development, networking, and volunteer opportunities with other like-minded people. Our mission is to make San Angelo an attractive place for new businesses to start, more graduates to stay, and young professionals to grow.

#### WHY JOIN

- Networking Opportunities
- Build Connections
- · Community Involvement
- · Access to Resources
- · Personal Growth
- Professional Development



# Photographer RENE MALDONADO







#### SANANGELO

Chamber of Commerce